



### **July 2024**

### 505 East 4th Street | Hills, MN 56138

# Happy 4th of July

Please continue to keep our small town and surrounding communities that have been affected from the floods in your prayers. With summer amongst us we have been in full swing with checking items off the to-do lists. Check out one of the new furniture pieces pictured below and the new sliding door to the courtyard. These new chairs rock back and forth but also has a build in safety feature, so when a resident stands up the chair locks in place for a safer transfer out. The Painted Ladies, LLC did an excellent job on the new paint update inside our facility. The fresh paint color really makes the shadow boxes more noticeable.

Congratulations to Katie K. for passing all of her National and Federal Administration Tests and is our official Tuff Memorial Home Administrator. We celebrated with a delicious homemade vanilla and lemon cake made by Elvia V.

Reminders from the Nursing Department. If you are taking your loved one to an appointment or out for a fun afternoon, you must check them out and back in on the outing notebook located at the nurses desk. Residents were also pleased with the Podiatry Clinic that was held June 6<sup>th</sup> from the company called In House from Richfield, MN. They will be here again in 9 weeks.

The Life Enrichment Department has been working busy with planning the summer splash party for kids- see flyer on last page for more information. The country store is need of mini shampoos, mini conditioners, mini lotions, mini sodas in regular and diet, small bags of chips and popcorn, and fun seasonal items to hang on their doors.



#### Resident Birthdays

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Elaine J.	July 3 <sup>rd</sup>
Cheri H.	July 4 <sup>th</sup>
Eunice F.	July 7 <sup>th</sup>
Allan B.	July 8 <sup>th</sup>
Dar B.	July 11 <sup>th</sup>
Arlene K.	July 26 <sup>th</sup>
Lillian P.	July 28th

#### Staff Birthdays

Keaton H.	July 1st
Tara W.	July 4 <sup>th</sup>
Noah H.	July 7 <sup>th</sup>
Makynzie H.	July 8 <sup>th</sup>
Cherlyn B.	July 11 <sup>th</sup>
Kadence R.	July 11 <sup>th</sup>
Lydia H.	July 11 <sup>th</sup>
Austin A.	July 15 <sup>th</sup>
Regina A.	July 25 <sup>th</sup>
Anjemillo O.	July 29th

#### Staff Anniversaries

Keaton H. 1 year
Mark O. 1 year
Skylar V. 1 year
Danielle G. 2 years
Rachel H. 7 years
Lora F. 11 year
Samanatha K. 18 years

### In Memory Of

Audrey DePauw Trudy Teune

#### Mission Statement

The Tuff Memorial Home is a Christian home with a heart. In Christian love, we provide heartfelt quality care to people in a way that contributes to their sense of dignity and self-worth.

#### Department Heads

Administrator- Katie Kendal
Executive Director- Jane Blank
Director of Nursing- Dana Huisman
Social Services Professional- Emily Baatz

Life Enrichment Director – Jocelyn Jacoby Laundry & Housekeeping Supervisor – Judy DeNoble Maintenance Supervisor – Ben Vander Poel Dietary Manager – Kelli Hellerud

# Highlighted Activities for July

#### 7/3-4<sup>th</sup> of July Party

• Residents will be celebrating Independence Day with a Party in the USA!

#### 7/10- Dear Abby Advice Columns

• Residents get to help give their own advice to the Dear Abby Columns in the paper.

#### 7/18 – Flamingo Bingo

• Get ready to see everything Pink and Flamingo during this Bingo!

#### 7/25- Christmas in July Celebration

• This whole day is devoted to Christmas in July from our sing along to bingo.

#### 7/29 – Olympics Week

• This fun week is for residents and staff competing each day in our Tuff Olympics.

# Tuff Family Council

Meetings will be held on the first Thursday of every month at 5p.m. located in the Tuff Chapel.

Thursday, July 4<sup>th</sup>

These meetings are designed for families to gather amongst themselves to discuss topics related to their loved ones in a safe space. Stay tuned for meetings with educational guest speakers.



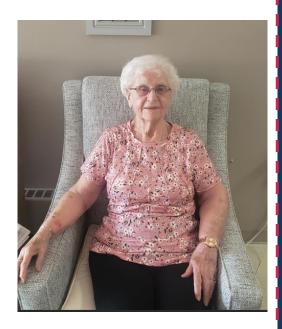
# Tuff's Free Little Library

Tuff's Free Little Library is officially open to the public! The concept of Free Little Libraries is to take a book or share a book for someone else to read. Ours houses books for both children and adults. It is located outside in the front of our facility near the pop machine. This location is perfect for residents to watch kids, friends and community members taking books. Thanks to Ray V. for building this beautiful library for us. The color was voted by residents. Check out Free Little Libraries online to search for more in surrounding communities.



# Resident of the Month is: $Lucy \mathcal{V}$ .

The featured resident for this month is Lucy V. Her family consists of her late husband, Henry, three children: Les, Lee and Lori. Five grandkids and 3 great- grandkids. Some of her accomplishments are helping out on the farm milking cows, feeding cattle and pigs. Hobbies include finishing wood working pieces her husband built. She would stain and varnish them. Embroidery work was another favorite hobby. Favorite foods are hamburgers, green beans, and popcorn. Spring is her favorite season because the weather is perfect, mixtures of nice and cool temperatures.



# Employee of the Month is: Rachel H.

Employee of the month is Rachel H. She has worked for the Tuff Home for 7 years and currently is one of the evening nurses. The bonds with residents and coworkers is what she loves the most about her job. Her family consists of her husband, Billy, 4 kids: Ezra (10), Eli (8), Cullen (4) and Camille (3). Her oldest and youngest kids share a birthday too! Pets include 2 dogs and 1 cat. Favorite hobbies are reading, gardening, baking and anything I can do with the kids- they love being outside! Fun fact, she and her husband will be celebrating their 10<sup>th</sup> wedding anniversary this July. They spontaneously eloped in Sturgis, SD without telling anyone. She shared "it was a big surprise to everyone, but she wouldn't change a thing!"



## "There Shall Be Showers of Blessings."

Recent bible studies, residents have been learning the breakdown of gospels through a book called:

Devotions for Seniors Based Upon Our Precious Old Hymns and Gospel Songs

By David P. and Phyllis B Shreve.

"I will send down the showers in their season; they shall be showers of blesssings.. they shall know that I am the Lord"

The gospel hymn writer, Daniel Whittle, had been studying the Book of Exekiel when he came up on a "pomis of God." The sheep, God's people, had been scattered; their shepherds, the priests or ministers, lost sheep nor feed them. The sheep of God's pasture had to fend for themselves with no spritiual leader.

God, the good shepherd, will make a covenant of peace with his people. He wil feed his flock and let them lie down to rest after they have eaten and drunk from calm waters. Then God will make them and their lands "a blessing, and I will cause the shoers to come down in their season; there shall be showers of blessing." The land shall be fertile once again.

God will perform the duties of the shepherd and hael the sick, bind up the injured, and lead home the wanderers.

Christians have suffered droughts when all they planted dried up. The Dust Bowl days of the 1930's were especially devastating to farmers in much of the hartland of our country. Does God hear our cries for rain in its season? Do we Christians pray for rain any more or do we simply rely on the weather prognosticators and hope for the best?

When God is leading us as a shepherd, the Scripture indicates to us, that he will sned rain I its season. This, as it true with many prophesies of the Old Testament, were not to individuals but to the entire nation. In this Scripture we see that the religious leaders had become self-absorbed. They had totally neglected their sheep and only fed and cared for themselves. They were getting rich and fat while those they were responsible for shepherding were living in poverty and starving.





Tuff Memorial Home is hosting a kids Splash Party!

> Tuesday, July 16<sup>th</sup> 2-3p.m.

Located in the Courtyard

Please enter by the north parking lot where staff will greet you by the fence.

Kids must be accompanied by an adult!