



Resident Birthdays

Ralph W. Oct. 23rd

Staff Birthdays

Layla D. Oct. 2nd

Sheryl B. Oct. 4th

Olivia D. Oct. 10th

Alvin A. Oct. 19th

Aide P. Oct. 26th

Katie K. Oct. 29th

Bobbi K. Oct. 30th

Staff Anniversaries

Adriana M. 1 year

Madi B. 1 year

Elvia L. 3 years

In Memory Of

Audrey DePauw

Trudy Teune

Lillian Peterson

Marlene Erickson

Eunice Ripley

Cheri Hanson

Elaine Juhl

Dora Steffan

Mission Statement

The Tuff Memorial Home is a Christian home with a heart. In Christian love, we provide heartfelt quality care to people in a way that contributes to their sense of dignity and self-worth.

October 2024

505 East 4th Street | Hills, MN 56138

Hello October!

We can't believe it's already October, time to watch farmers do what they love and enjoy the autumn colors. This month hosts the Flu Shot Clinic the Covid Booster Shot Clinic. Our Infection Prevention Nurse, Lora, has been in contact with families about these clinics and will be assisting Lisa from Lewis Drug Pharmacy. The Flu Shots will take place on October 7th and the Covid Booster on October 25th.

October is also Resident Rights Month. The federal Nursing Home Reform Act of 1987 established rights of nursing home residents in the United States. The goal of this act was to ensure residents receive quality care that helps them maintain or achieve their physical, mental, and psychosocial well-being. The Nursing Home Reform Law covers:

- The Right to Be Fully Informed
- Right to Complain
- Right to Participate in One's Own Care
- Right to Privacy and Confidentiality
- Rights During Transfers and Discharges
- Right to Dignity, Respect, and Freedom
- Right to Visits
- Right to Make Independent Choices

The Resident Rights Handbook is given to new admissions in their welcome packet. If you would like an extra copy, please see Emily with Social Services. Residents are reminded of their rights in their daily bulletin which features a different right and the breakdowns of it each week.

Deb Vizecky is our Regional Ombudsman and covers Southwest Minnesota. Ombudsmen help educate residents and families on their rights and how to exercise them. They also help investigate complaints, are a strong advocate for improving long-term care services, they visit with residents in different facilities to ensure they are being cared for, and they provide information to new prospective residents and their families if needed.

Department Heads

Administrator- Katie Kendal

Executive Director- Jane Blank

Director of Nursing- Dana Huisman

Social Services Professional- Emily Baatz

Life Enrichment Director – Jocelyn Jacoby

Laundry & Housekeeping Supervisor – Judy DeNoble

Maintenance Supervisor – Ben Vander Poel

Dietary Manager – Kelli Hellerud

Highlighted Activities for October

10/4- Country Store Fall Sale

- Who doesn't love a good sale! Residents get to shop at the sales in the county store.

10/11- National Thank A Farmer Day

- Celebrating our hard-working residents who worked on a farm and reminiscing about the good ol' days.

10/23- Staff Pumpkin Carving Contest

- Get Ready, Get Set, CARVE! Staff will be carving their pumpkins and residents voting on their favorite.

10/31 – Halloween Costume Show

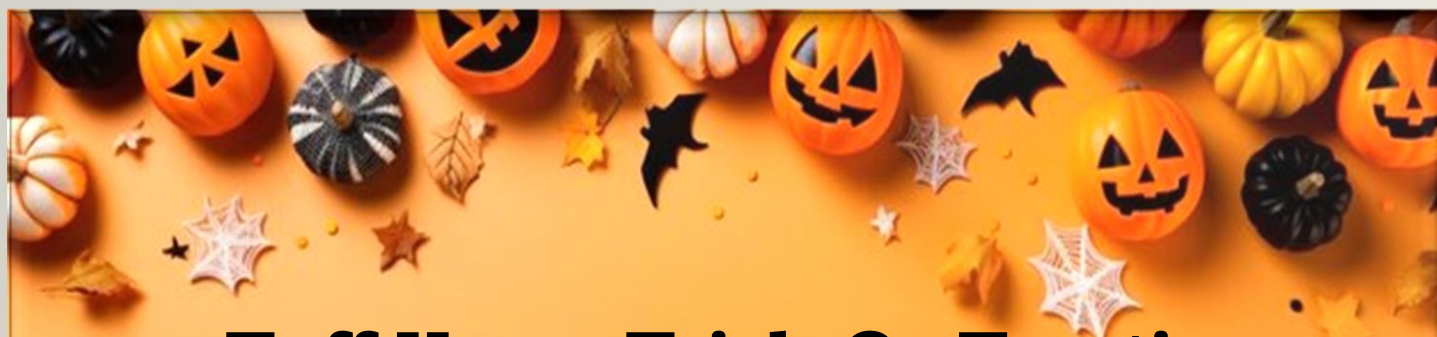
- Residents and their families along with staff will show off their costumes in the show. If you have any extra appropriate Halloween dress up attire you are wanting to part with, drop it off at the front entrance for residents to use in the show.

Tuff Family Council

Meetings will be held on the first Thursday of every month at 5p.m. located in the Tuff Chapel.

Thursday, October 3rd

These meetings are designed for families to gather amongst themselves to discuss topics related to their loved ones in a safe space. Stay tuned for meetings with educational guest speakers.



Tuff Home Trick-Or-Treating

Families and kids will follow the pumpkin path around the hallways collecting candy from each resident.

Saturday, October 26th from 2-4p.m.

In need of candy donations please.

Candy can be dropped off with activity staff or in the front entrance tote.

The Apple Bake Off Apple-soulutely Wonderful!



Employee of the Month is:

Bailey S.

Employee of the month is Bailey. Bailey works in nursing department as a CNA and has been employed since 2021. Her favorite part about working at the Tuff Memorial Home is working with the residents. Soon you'll see her transitioning in to a new role as a Speech Language Pathologist working with Good Care Rehab. She graduated from Hills Beaver Creek in 2019. Hobbies include traveling, cooking and being around her family and friends. Fun fact- her biggest pet peeve is a dirty windshield on her car.



“The Paradox”

I saw a thought-provoking meme on Facebook there other day that stated, ‘The Christian faith is not about the Little Engine that could, it is about the train wreck that can’t!’ A sobering thought, right? It is human nature, perhaps to want to control our destiny and try to save ourselves. The paradox, however, is that we cannot save ourselves, and we are ultimately powerless to control our destiny.

In Luke 18, Jesus told a parable that emphasizes this paradox. In vv. 9-14 he tells of two very different people who went to the temple to pray. The first was a tax collector (a very contemptible person in those days because they often extorted and cheated people). The second person was a Pharisee (a very well-respected person in those days because they led worship in the synagogues). At this point in Jesus’ story, his listeners would undoubtedly be thinking that God would condemn the sinful tax collector and favor the Pharisee. But things are not what they seem. The tax collector passionately confessed his sin and threw himself at the mercy of God, saying, ‘God, be merciful to me, a sinner!’ where the Pharisee claimed a false righteousness, bragging to God how wonderful he was, saying, ‘God, I thank you that I am not like other people’. Jesus concludes the story by saying that it was the first man who was justified by God rather than the second.

Along with Jesus’ first hearers, we might react with a ‘What?! The tax collector was forgiven and the Pharisee wasn’t? How can that be?’ That is the point of the paradox. By our own efforts, we cannot save ourselves. No amount of good deeds or assumed righteousness will ever be enough to justify ourselves before holy God. If we cannot save ourselves from our sin, what are we to do? We need to take on the attitude of the tax collector and confess our sin and trust in God’s grace and mercy. It is through our faith in God’s grace that we are saved (Ephesians 2:8-9). If we try to justify ourselves, we will be condemned, but if we trust in God’s grace, God will declare us justified and forgiven.

As you ponder your life, think about Jesus’ parable. Are you living your life more like the Pharisee or the tax collector?

Grace and peace,

Rev. Dr. David Jennys

Bethlehem Lutheran Church

