

May 2026

Tuff Memorial Home

505 East 4th Street | Hill, Minnesota | 507-962-3275 |



Resident Birthdays

Lucy V.	May 3 rd
Marilyn N.	May 12 th
Marj R.	May 31 st
Mavis H.	May 31 st

Staff Birthdays

Yomina P.	May 5 th
Jane B.	May 6 th
Ben V.	May 7 th
Basienta S.	May 11 th
Alyia R.	May 16 th
Taylor H.	May 16 th
Tabitha S.	May 25 th
Marie O.	May 26 th

Staff Anniversaries

Sage D.	1 year
Leif T.	2 years
Alyia R.	4 years
Jayden K.	2 years
Morgan K.	4 years
Bobbi K.	5 years
Noah H.	9 years
Kelli H.	10 years

New Residents

None

We Remember

Sandy Aichele

Moments In Bloom

National Skilled Nursing Care (Home) Week is an annual observance that recognizes the essential role of skilled nursing facilities. Established in 1967 by the American Health Care Association and is always held the week of Mother's Day. The theme this year is "Moments in Bloom" and reflects how everyday acts of compassion, connection, and teamwork grow into meaningful experiences for residents, families, and staff. It celebrates the idea that big and small moments, when nurtured, can flourish to help residents live life to the fullest and with purpose. The themed days are: Monday- Moments in Bloom, Tuesday- Decades Day, Wednesday- Camp Picnic, Thursday- Tour Across America, Friday- Game Day. We would like to thank everyone that participated in sharing something to help represent each state. Mark your calendars for Wednesday, May 13th from 11:30-2:30p.m. for a Food Truck from Nickabocker's Café called "Wheelie Good Food" from Ellsworth, MN. The truck will be parked outside in the front parking lot.

Thank You Nurses

Nurses' Week to recognize and honor the vital role nurses play in healthcare. Each year it is held on May 6-12th ending on the birthday of Florence Nightingale, who is considered the founder of modern nursing. Thank you to our nurses for your compassion, patience, and countless ways you advocate for our residents. The impact they make is deeply meaningful, not just to residents, but to their families and entire care team. We would like to recognize our nurses: Dana H., Jody D., Samantha K., Lora F., Tara W., Lydia H., Nelson M., Val L., Marie O., and Carey T.



MOMENTS *in* BLOOM

NATIONAL SKILLED NURSING CARE WEEK® • MAY 10-16, 2026

NSNCW.ORG | #NSNCW

Residents Sowing Seeds

Thank you to the Rock County Library for their Seed Exchange Program. Pictured top to bottom is Lorraine O., Dar B., and Joyce S. Various flowers and herbs were planted.



Tuff Time Travel

Residents were asked what their favorite decade was and why:

- *“60’s because it had the best music!” -Judy R.*
- *“My birth year- it was the easiest because my mom did everything for me when I squawked. I also enjoyed my childhood before school.” -Betty R.*
- *“70’s because I was younger, had 2 children and lots of fun times with good friends.” -Marilyn N.*
- *“40’s because I was graduated and started working, all the big stuff was happening.” -JoAnn P.*
- *“60’s because I was already graduated, had a college degree and began my professional career as a teacher in the HBC school district.” -Marj R.*
- *“50’s- I was married at 17 years old and had lots of good friends.” -Bev D.*
- *“60’s because I was more active and enjoyed everything.” Ralph W.*
- *“60’s because I was in college and made new friends.” -Betty L.*

Highlighted Activities for May

- May 1st – Horse Races
- May 6th – Pictionary
- May 20th – Trolley Rides
- May 22nd – Muffins & Memories and outdoor flower planting

Pastor's Page

"The earth is the Lord's and all that is in it."

Earth Day happens in April. As we mark that day we rejoice in the magnificent creation we all enjoy. The sun, the trees, the flow-ers, new life coming in the strains of spring. It is a time to rejoice and give thanks for all that God has and does give us.

Everything we have comes from God. We might think we earn it, or deserve it, but it all comes from the bounty that God gives us. We often take for granted what is before us, we assume oth-ers will take care of things, we forget to thank those who go the extra mile. You each are a gift from God to the world. Some of you are talkers, some of you are listeners, some of you are joiners, some volunteers, some creative, some set in your ways, but all of us put together are the church! Some are young, some are old, together we are the church. So how do we show ourselves to the world to be the church?

We are a place where opinions are valued, we do not all have to agree on everything or anything! We each bring our own unique lenses to things, some see glasse half full, others, half empty. We can all agree that there is something in the glasses!

We have been blessed as a congregation and as people We show others who we are by how we live, what we say, how we value the church. Are we open to new ideas, or do we have to do things the same way? Are we willing to listen to each other? Do we live as thankful people, or do we long for things from the past or haven't let go of past hurts, pains, slights we have experi-enced? Sometimes it's hard to let go, but if we open our hands to allow God to be at work we are ofte surprised that the past is past, the pain is less, the joy is immense. Allow God to work in you and your life, you may not realize it, but God is already at work in you and in this congregation! Open your eyes and see what God is up to!

Anticipating the coming of the Holy Spirit,

Pastor Lori

Tuff Family Council

Meetings will be held on the first Thursday of every month at 5p.m. located in the Tuff Chapel.

Thursday, May 7th

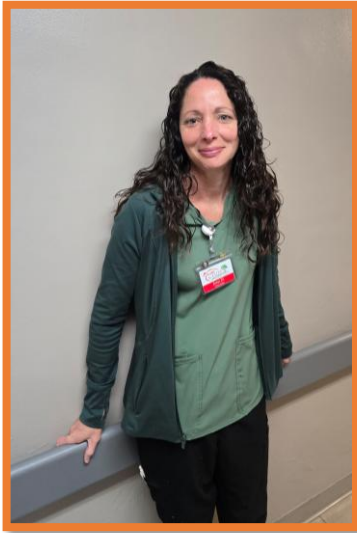
These meetings are designed for families to gather amongst themselves to discuss topics related to their loved ones in a safe space.



HBC 5th Grade Class playing Bingo with residents.

Employee of the Month is: *Joni D.*

Employee of the month is Joni D. Joni has worked at the Tuff Memorial Home since 2018 working as a CNA and most recently as a Med Aide. She has 4 kids, a daughter in law and a 2.5 year old granddaughter. Her hobbies include reading and being outside. Her kids and her like to play pickleball and cornhole. Her favorite part of coming to work is seeing the residents and working with fun co-workers.



Blue Stone Therapy Wellness Tip

“The wings of transformation are born of patience and struggle”
- Janet S. Dickens

MAY IS SPEECH THERAPY MONTH **What is Speech Therapy?**

- Address Swallowing
focus on appropriate diet texture with food and liquids. Strengthening exercises can be instructed to improve swallowing
- Address Cognition
focus on sequencing tasks, memory recall, problem solving, and word finding
- Address Voice
focus on improving breath support, volume, pronunciation and non-verbal communication

We provide speech therapy to residents and also provide outpatient services at Tuff.

Department Heads

Administrator- Katie Kendall
Executive Director- Jane Blank
Director of Nursing- Dana Huisman
Social Services Professional- Emily Baatz

Dietary Manager- Kelli Hellerud
Life Enrichment Director- Jocelyn Jacoby
Maintenance Supervisor- Ben Vander Poel
Laundry & Housekeeping Supervisor- Judy DeNoble

The Tuff Memorial Home is a Christian Home with a heart. In Christian Love, we provide heartfelt quality care to people in a way that contributes to their sense of dignity and self-worth.