



June 2024

505 East 4th Street | Hills, MN 56138

Resident Birthdays

Anna Mae B. June 12th
 Betty R. June 16th
 June O. June 22nd

Staff Birthdays

Alicia K. June 5th
 Ashley Z. June 5th
 Madi H. June 5th
 Katelyn C. June 9th
 Tara P. June 11th
 Grace A. June 14th

Staff Anniversaries

Agina S. 3 years
 Alvin A. 3 years
 Regina A. 3 years
 Katie K. 7 years
 Alicia K. 10 years
 Jessica H. 10 years

New Residents

Dar B.

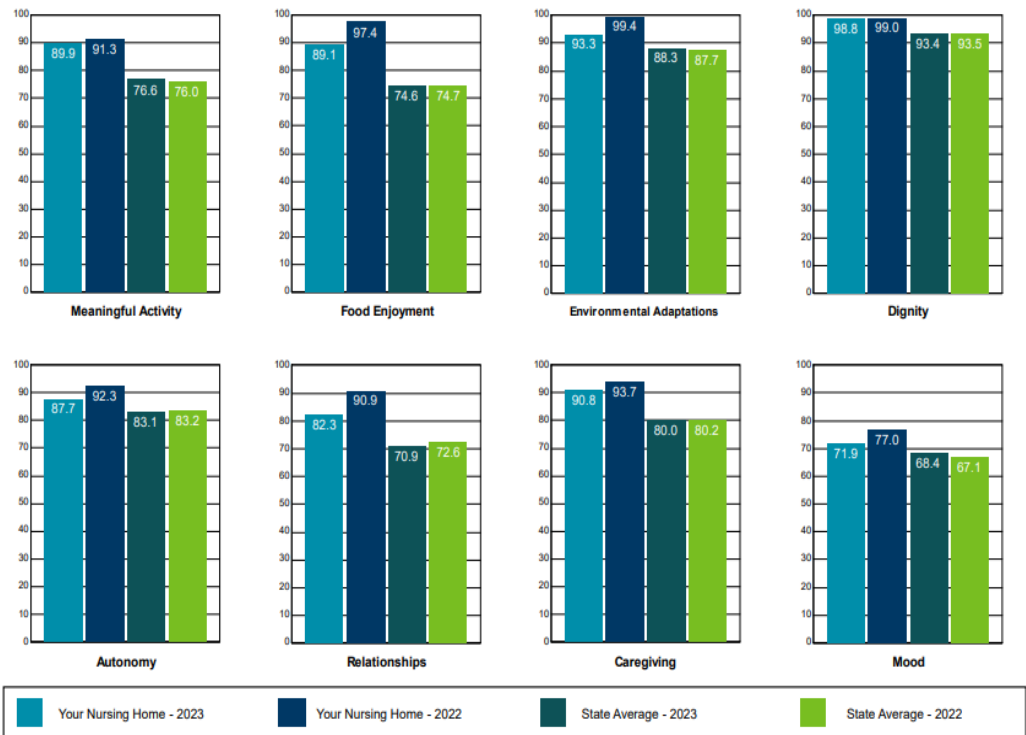
In Memory Of

Mary E.

Tuff Memorial Home Shout Out!!

Every year surveyors from the State of Minnesota come here in person to interview residents and their families about their quality of life and care they are receiving. We are so incredibly happy to share with you their findings of how well our residents' quality of life is here! How awesome that the scores are well above the state average. This just goes to show how much our staff love what they do and love who they serve!

RESIDENT QUALITY OF LIFE DOMAIN AVERAGE SCORES



Mission Statement

The Tuff Memorial Home is a Christian home with a heart. In Christian love, we provide heartfelt quality care to people in a way that contributes to their sense of dignity and self-worth.

Department Heads

Interim Administrator- Judy Bernat
 Administrator in Training- Katie Kendal
 Executive Director- Jane Blank
 Director of Nursing- Dana Huisman
 Social Services Professional- Emily Baatz

Life Enrichment Director – Jocelyn Jacoby
 Laundry & Housekeeping Supervisor – Judy DeNoble
 Maintenance Supervisor – Ben Vander Poel
 Dietary Manager – Kelli Hellerud

Highlighted Activities for June

6/5- Outing to Rock Ranch

- Residents will get to see some horses out at Rock Ranch and see how their operation goes.

6/6- Trolley Rides

- Residents are so eager to get out again on the trolley rides and enjoy the outdoors as they ride around Hills.

6/8 – Friendship Days Parade

- King Charles and Queen Betty along with runner ups will be riding in the parade on the trolley!

6/14- Patio Party

- Every Friday, residents will all gather outside on our patio to enjoy the warm sun, conversations with others, and sip on some refreshing lemonade.

6/26 – Chair Dances

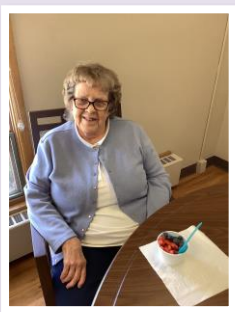
- Residents love following along to choreographed dances to fun upbeat songs they enjoy.

Congratulations to Katie K. our Acting Administrator. She recently passed her state exam and is now studying for the federal exam. Katie is eager to take lead and guide us with the knowledge she learned from interim administrator, Judy B. Thanks to Judy for all your knowledge and experience, we wish her the very best on her next endeavor.



Congratulations to King Charles K. & Queen Betty O.

Runner Ups Bob B. (not pictured), Don K., Marj R. and Lucy V.
Surrounding pictures are from
National Nursing Home Week & Mother's Day



Tuff Family Council

Each month residents at the home hold resident council. They discuss upcoming events, concerns, changes they would like to see, etc. It is a safe place for them to share their input and opinions. Did you know that family members are also encouraged to organize and run a family council? A family council operates by and for families of persons who live in nursing homes. Family council participants advocate for the well-being of their relatives by partnering with them in promoting and enhancing the quality of daily life. The purpose is to: advocate for residents' rights, quality of care, support among family members, and offer suggestions. Family council can be made into what the council wants and needs.

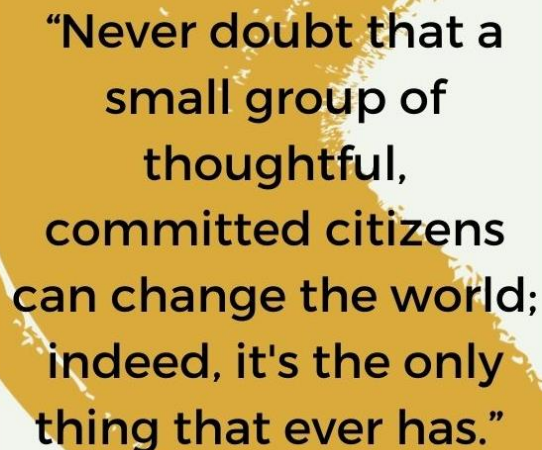
As a facility, we must provide a space for families to meet. The Tuff Memorial Home holds a place for family council to meet on *the first Thursday of every month at 5pm in our Chapel.*

The council has the right to change and decide dates and times of meetings. Staff do not attend these meetings unless requested by the council because the purpose is for families to organize and maintain their council. If you would like to participate in the family council, please reach out to me, Emily Baatz, and I will get you in contact with other family members who would like to participate as well.

Emily Baatz, SSD

ebaatz@tuffmemorialhome.com

507-962-3275 ext. 2



**“Never doubt that a
small group of
thoughtful,
committed citizens
can change the world;
indeed, it's the only
thing that ever has.”**

- Margaret Mead

SarahHaykel.com

Resident of the Month is:

Audrey D.

The featured resident for this month is Audrey D. Audrey has been a resident of the Tuff Home since May 2019. Audrey has 3 daughters: Cheryl, Barb and Pat. Audrey's favorite activities are crafts, bingo, anything music, and coffee times. Her faith is very important to her, she is a member of St. Catherine's of Luverne, MN. A favorite memory she likes to share is about her living above the barber shop in Hardwick, MN. Her favorite foods are cookies and vanilla ice cream. In the winter times she enjoyed sewing and enjoyed the outdoors in the summer time.



Employee of the Month is:

Rebecca S.

Employee of the month is Rebecca S. She has worked in the Life Enrichment Department for 1 year. Her family consists of her husband, Simon, and 2 kids, Ari (13) and Welta (9). Hobbies include reading and Geocaching with her kids. She enjoys working in the Life Enrichment Department because of the amazing residents and staff. Fun fact, she has been to 6 of the 7 continents!



Tuff Memorial Home Devotionals

June

Do you sometimes wish you could get more encouragement from the people around you? Life can be hard, we make mistakes, and a little encouragement could go a long way. Mark Rutland, a missionary in Africa, tells of a tribe that has an interesting custom for dealing with members of their community when they make a mistake. The custom goes when someone messes up or commits an offense against another, that person is seated in the middle of a circle of friends. The friends then begin one by one to say something positive about their fellow tribe member. The friends would remind the person about some past success or offer a simple statement of encouragement about the person's character. The goal of this custom is to build the offender up so that guilt, shame, or bitterness will not have a chance to set in. Rather than adding condemnation to the situation by tearing down their friend, they offer instead love and support in a solid and tangible way.

What an incredible practice, don't you think? The Apostle Paul had similar advice at the beginning of Romans 15. He wrote in v. 2 "Each of us must please our neighbor for the good purpose of building up the neighbor." And in v. 5 he also points out, "May the God of steadfastness and encouragement grant you to live in harmony with one another, in accordance with Christ Jesus."

So let's practice the building up of each other with positive statements of love and encouragement. I will start the circle of encouragement: You are a valued child of God. You have many gifts and graces and have accomplished important things in your life and people appreciate you for it. There, it's your turn. Pass on a word of thanks and encouragement to your neighbor today.

Grace and peace,

Pastor David

Bethlehem Lutheran Church

*If you want to learn more about what Paul said, read all of Romans 15.

